



Learning with SDP | Let's Talk About It

Newsletter Schedule Planner

Build a sending habit — plan 8 months at a glance

Your Sending Commitment

My sending frequency:	<input type="checkbox"/> Monthly <input type="checkbox"/> Every 6 weeks <input type="checkbox"/> Quarterly
My send day/time:	
My platform:	<input type="checkbox"/> MailerLite <input type="checkbox"/> Substack <input type="checkbox"/> Mailchimp <input type="checkbox"/> ConvertKit <input type="checkbox"/> Other: _____
My reader magnet:	

8-Month Planning Grid (May – December 2026)

Fill in your send date, topic category, subject line idea, and whether you sent it. Check the box when done.

Month	Send Date	Topic / Subject Line Idea	Notes / Swaps	Sent? ✓
May 2026				
June 2026				
July 2026				
August 2026				
September 2026				
October 2026				
November 2026				
December 2026				

Content Batching — Do It All in One Sitting

Choose one 2-hour block per quarter. Write subject lines for all 3 months. Draft rough outlines. Schedule them. Done.

Q2 Batch Session (May, June, July)	Q3 Batch Session (Aug, Sep, Oct)
Planned batch date: _____	Planned batch date: _____

Consistency beats frequency. Monthly is enough. Show up reliably and your readers will wait for you.